

Springwell Village Primary School

SRE Curriculum Overview

Year 1/2	Year 3/ 4	Year 5/6
To learn about:	To learn about:	To learn about:
the difference between a secret and a surprise.	appropriate responses to different kinds of feeling in ourselves and others.	what constitutes both healthy and unhealthy relationships with family, peers and adults.
people who take care of them and the family		
networks they belong to.	about the concept of keeping something confidential or secret and about when they	words that help to describe the range and intensity of their feelings to others.
differences and similarities between people	should or should not agree to keep a secret.	
including what different families might look like		bereavement and the process of grieving and
(e.g. mam and dad, two mams, one dad etc).	resolving disputes and conflict through negotiation and appropriate compromise.	how change also involves loss.
online safety, including sharing personal		pressure, peer influences on behaviour,
information and talking to strangers online	how we can manage feelings, about some of the changes that happen in life and suggest how	independence and increased responsibility.
a wide range of feelings and how to manage	feelings of loss and grief may be expressed and	National Curriculum Science:
them.	describe how loss can come in many forms.	Animals, including humans
		Pupils should be taught to:
Navigating friendships and relationships	different types of relationship.	describe the changes as humans develop to old age. This will include bodily changes experienced
how different types of behaviour affects	differences and similarities between people and	by boys and girls during puberty, how babies are
ourselves and others.	what different families might look like (e.g. mam and dad, two mams, one dad etc).	born and what menstruation is.
Consent and privacy. (This does not involve the	,	how to empathise with and respond
teaching of private body part names, but	how to develop and maintain healthy	appropriately to a wider range of feelings in
teachers will use the correct names for body parts if children ask directly, and will teach about	relationships with family, peers and adults.	others.



respecting their own, and others' boundaries in play).

National Curriculum Science:
Animals, including humans
Pupils should be taught to:
notice that animals, including humans, have
offspring which grow into adults

ways in which constructive support and feedback can help others and themselves.

positive and negative feelings and the vocabulary we can use to describe feelings to others, and how we can use simple strategies to manage feelings.

the kinds of loss that can make us feel sad (loss of a friendship, moving house, loss of a relative) and how we can help ourselves and others manage sad feelings.

sharing opinions and explaining personal viewpoints, how to take part in a simple class debate, the importance of respect for differences and similarities between people and how to communicate ideas and views.

how our actions can affect ourselves and others in society

acceptable and unacceptable physical contact and to further understand consent for self and others, and how to respond to unacceptable physical contact.

techniques to resist pressure from peers or others, how pressure can be exerted and how it can be resisted. the consequences of our actions on ourselves and others in society and ways to make amends if needed.

how to explain the difference between acceptable /unacceptable physical contact and to be able to describe consent and give examples.

how to talk about the complexities of keeping things confidential or secret and the effect this can have on yourself and others.

good communication and negotiation skills within respectful and healthy relationships.

personal online safety, the importance of protecting personal information online, sexting, and the importance of protecting images of the pupils themselves and others.

different influences on behaviour, about peer pressure and media influences.

different types of relationships including marriage between two people of the opposite or same sex and civil partnerships.

that they have the right to choose the person they marry and that marriage, arranged marriage and civil partnership is between two people who willingly agree. That forced marriage is against the law. Who can help if they or someone they know is under threat of forced marriage.

